

Praxis für Psychotherapie am Pottkamp

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Information on the costs of an assessment (ADHD and/or autism spectrum) – Combined assessment: autism spectrum + ADHD (self-payer)

Dear reader,

thank you for your interest in a diagnostic assessment at my practice. So that you know in advance what to expect, here is a short summary of how the assessment proceeds and what it costs.

How the assessment proceeds

The assessment follows the German S3 guideline and clarifies both questions — autism spectrum and ADHD — together. That is considerably less expensive than two separate assessments, because the shared steps (screening, first consultation, neurological status, feedback session, report) arise only once; only the two test batteries are specific to the question. It begins with questionnaires completed in advance, whose standardised evaluation you receive in writing and as charts. Our concern is not classification alone: the examination works out the biographical and current connections and places their consequences for relationships, work and self-regulation — as the basis for the question of what helps you. A deeper history, a collateral history, structured interviews or further batteries are added only where needed; the brief report becomes correspondingly fuller.

Costs

Invoicing follows the German medical fee schedule for physicians (GOÄ). The planned standard pathway is made up as follows:

Appointment / service	GOÄ code	Amount
Screening in advance (three questionnaires sent out with your registration): health questionnaire on mood, anxiety, physical complaints and panic, plus a brief screener each for autism and ADHD; standardised scoring, written and graphical evaluation handed to you	No. 857	12.17 €
First consultation (50-minute slot): specialist exploration, review of the criteria, orienting developmental and symptom history, and neurological status (autonomic-neurological: blood pressure, pulse, reflexes, gait, motor function)	No. 800 + 801 + 806 (3.5×)	110.66 €
Diagnosis-specific structured interview (according to the leading question), separate 50-minute appointment	No. 855 analogous (2.3)	96.79 €
Core battery autism: trait questionnaire, adaptive functioning and sensory experience	No. 855 analogous (1.8)	75.75 €
Core battery ADHD: retrospective view of childhood, current self- and informant ratings	No. 855 analogous (1.8)	75.75 €
Feedback session (50-minute slot), placing the results in terms of what they mean for daily life, relationships and psychotherapeutic approaches	No. 806 (3.5×) + 801	84.52 €
Brief specialist report (desk work)	No. 80	40.22 €
Total (standard case)		495.86 €

In-depth and differential modules — only where indicated

The assessment proceeds in steps: in-depth modules are carried out only where the findings give reason to and after discussion with you. The total changes accordingly — if, for example, the autism module is not needed, it falls; if a module is added, it rises.

Appointment / service	GOÄ code	Amount
Biographical and developmental history (separate 50-minute slot): detailed psychiatric history — guideline-bearing in autism (onset in childhood)	No. 806 (3.5×) + 801	84.52 €
Biographical history as No. 860 (option) — chargeable only within a (subsequent) guideline psychotherapy, not in assessment alone; there the history runs via 806 + 801	No. 860 + 801 (guideline therapy only)	156.86 €
Collateral history (relative or close person), separate appointment — recommended by the guidelines in ADHD and autism	No. 806 + 801	67.04 €
Additional or extended structured interview, separate appointment, incl. findings — beyond the diagnosis-specific standard interview included in the package	No. 855 analogous (2.3) + 801	130.31 €
Module autism in depth: empathising and systemising, sensory experience, emotion recognition	No. 855 analogous (1.8)	75.75 €
Module anxiety complex: interaction anxiety and performance anxiety	No. 855 analogous (1.8)	75.75 €
Module personality: personality traits, experience of strain, relationship patterns	No. 855 analogous (1.8)	75.75 €
Module structure: self and relationship functioning, mentalizing	No. 855 analogous (1.8)	75.75 €
Module body axis: body awareness, dealing with feelings and sensory experience, including a repeat assessment of physical complaints in order to judge whether the burden persists	No. 855 analogous (1.8)	75.75 €
Module trauma: detailed trauma history in a structured interview, with the distressing life experiences placed in time, two standardised questionnaires on symptom burden, and psychiatric findings	No. 855 analogous (2.3) + 857 + 801	142.48 €
Structured interview for personality disorders, incl. findings	No. 855 analogous (2.3) + 801	130.31 €
Course measurement (repeat test battery during treatment)	No. 855 analogous (1.8)	75.75 €

Only services actually provided are invoiced; modules that are not needed fall away. You receive an itemised cost estimate before we begin.

Self-payer service

You bear the costs yourself; there is no entitlement to reimbursement by a German statutory health insurer. Before we begin we conclude a written fee agreement. On request I will put together the least expensive guideline-compliant variant for you. If you hold international insurance, you settle the invoice and may submit it to your insurer; whether and how much is reimbursed depends on your policy.

Cancellations

Please cancel agreed appointments at least 24 hours in advance. For a later cancellation (whatever the reason) a fee of 60.00 € is charged, which is not covered by insurance.

If you have questions, you are welcome to call or write. I look forward to meeting you.

Yours sincerely

Dr. med. Stephan-Sebastian Scherer

Consultant Psychiatrist and Psychotherapist

This information is for orientation and is not a contract. Only services actually provided are invoiced. Invoicing follows the GOÄ; the fee agreement and the services actually provided are what count. English translation of the German fee information — in case of doubt the German version applies.