

Praxis für Psychotherapie am Pottkamp

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Information on the costs of an assessment (ADHD and/or autism spectrum) – Autism spectrum assessment (self-payer)

Dear reader,

thank you for your interest in a diagnostic assessment at my practice. So that you know in advance what to expect, here is a short summary of how the assessment proceeds and what it costs.

How the assessment proceeds

The assessment follows the German S3 guideline and is built up in steps: it begins with questionnaires completed in advance, whose standardised evaluation you receive in writing and as charts, followed by a specialist first consultation, the neurological status required by the guideline, the core test battery required by the guideline, and a feedback session with a brief report. The examination does not merely classify: it works out the biographical and current connections and their consequences for relationships, work and self-regulation — as the basis for further treatment. A deeper history, a collateral history, structured interviews or further batteries are added only where needed and after discussion; the brief report becomes correspondingly fuller.

Costs

Invoicing follows the German medical fee schedule for physicians (GOÄ). The planned standard pathway is made up as follows:

Appointment / service	GOÄ code	Amount
Screening in advance (three questionnaires sent out with your registration): health questionnaire on mood, anxiety, physical complaints and panic, plus a brief screener each for autism and ADHD; standardised scoring, written and graphical evaluation handed to you	No. 857	12.17 €
First consultation (50-minute slot): specialist exploration, review of the criteria, orienting developmental and symptom history, and neurological status (autonomic-neurological: blood pressure, pulse, reflexes, gait, motor function)	No. 800 + 801 + 806 (3.5×)	110.66 €
Structured interview on the autism spectrum (developmental and symptom history), separate 50-minute appointment	No. 855 analogous (2.3)	96.79 €
Core battery autism: trait questionnaire, adaptive functioning and sensory experience	No. 855 analogous (1.8)	75.75 €
Feedback session (50-minute slot), placing the results in terms of what they mean for daily life, relationships and psychotherapeutic approaches	No. 806 (3.5×) + 801	84.52 €
Brief specialist report (desk work)	No. 80	40.22 €
Total (standard case)		420.11 €

In-depth and differential modules — only where indicated

The assessment proceeds in steps: in-depth modules are carried out only where the findings give reason to and after discussion with you. The total changes accordingly — if, for example, the autism module is not needed, it falls; if a module is added, it rises.

Appointment / service	GOÄ code	Amount
Biographical and developmental history (separate 50-minute slot): detailed psychiatric history — guideline-bearing in autism (onset in childhood)	No. 806 (3.5×) + 801	84.52 €

Appointment / service	GOÄ code	Amount
Biographical history as No. 860 (option) — chargeable only within a (subsequent) guideline psychotherapy, not in assessment alone; there the history runs via 806 + 801	No. 860 + 801 (guideline therapy only)	156.86 €
Collateral history (relative or close person), separate appointment — recommended by the guidelines in ADHD and autism	No. 806 + 801	67.04 €
Additional or extended structured interview, separate appointment, incl. findings — beyond the diagnosis-specific standard interview included in the package	No. 855 analogous (2.3) + 801	130.31 €
Module autism in depth: empathising and systemising, sensory experience, emotion recognition	No. 855 analogous (1.8)	75.75 €
Module anxiety complex: interaction anxiety and performance anxiety	No. 855 analogous (1.8)	75.75 €
Module personality: personality traits, experience of strain, relationship patterns	No. 855 analogous (1.8)	75.75 €
Module structure: self and relationship functioning, mentalizing	No. 855 analogous (1.8)	75.75 €
Module body axis: body awareness, dealing with feelings and sensory experience, including a repeat assessment of physical complaints in order to judge whether the burden persists	No. 855 analogous (1.8)	75.75 €
Module trauma: detailed trauma history in a structured interview, with the distressing life experiences placed in time, two standardised questionnaires on symptom burden, and psychiatric findings	No. 855 analogous (2.3) + 857 + 801	142.48 €
Structured interview for personality disorders, incl. findings	No. 855 analogous (2.3) + 801	130.31 €
Course measurement (repeat test battery during treatment)	No. 855 analogous (1.8)	75.75 €

Only services actually provided are invoiced; modules that are not needed fall away. You receive an itemised cost estimate before we begin.

Self-payer service

You bear the costs yourself; there is no entitlement to reimbursement by a German statutory health insurer. Before we begin we conclude a written fee agreement. On request I will put together the least expensive guideline-compliant variant for you. If you hold international insurance, you settle the invoice and may submit it to your insurer; whether and how much is reimbursed depends on your policy.

Cancellations

Please cancel agreed appointments at least 24 hours in advance. For a later cancellation (whatever the reason) a fee of 60.00 € is charged, which is not covered by insurance.

If you have questions, you are welcome to call or write. I look forward to meeting you.

Yours sincerely

Dr. med. Stephan-Sebastian Scherer
Consultant Psychiatrist and Psychotherapist

This information is for orientation and is not a contract. Only services actually provided are invoiced. Invoicing follows the GOÄ; the fee agreement and the services actually provided are what count. English translation of the German fee information — in case of doubt the German version applies.