

Praxis für Psychotherapie am Pottkamp

Dr. med. Stephan-Sebastian Scherer · Consultant Psychiatrist and Psychotherapist
Pottkamp 23 · 48149 Münster · Germany · Tel. +49 251 97446348

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Information on the costs of an assessment (ADHD and/or autism spectrum) – ADHD assessment (private insurance / Beihilfe)

Dear reader,

thank you for your interest in a diagnostic assessment at my practice. So that you know in advance what to expect, here is a short summary of how the assessment proceeds and what it costs.

How the assessment proceeds

The assessment follows the German S3 guideline and is built up in steps: it begins with questionnaires completed in advance, whose standardised evaluation you receive in writing and as charts, followed by a specialist first consultation, the neurological status required by the guideline, the core test battery required by the guideline, and a feedback session with a brief report. The examination does not merely classify: it works out the biographical and current connections and their consequences for relationships, work and self-regulation — as the basis for further treatment. A deeper history, a collateral history, structured interviews or further batteries are added only where needed and after discussion; the brief report becomes correspondingly fuller.

Costs

Invoicing follows the German medical fee schedule for physicians (GOÄ). The planned standard pathway is made up as follows:

Appointment / service	GOÄ code	Amount
Screening in advance (three questionnaires sent out with your registration): health questionnaire on mood, anxiety, physical complaints and panic, plus a brief screener each for autism and ADHD; standardised scoring, written and graphical evaluation handed to you	No. 857	12.17 €
First consultation (50-minute slot, specialist consultation): exploration, review of the criteria, orienting developmental history	2× No. 812 analogous + A801	167.58 €
Structured interview on ADHD psychopathology in adulthood, separate 50-minute appointment, including psychiatric findings and neurological status (autonomic-neurological: blood pressure, pulse, reflexes, gait, motor function)	No. 855 analogous (2.3) + 801 + 800	156.45 €
Core battery ADHD: retrospective view of childhood, current self- and informant ratings	No. 855 analogous (1.8)	75.75 €
Feedback session (50-minute slot, specialist consultation), placing the results and assessing the reaction to the findings	2× No. 812 analogous + A801	167.58 €
Brief specialist report (desk work)	No. 80	40.22 €
Total (standard case)		619.75 €

In-depth and differential modules — only where indicated

The assessment proceeds in steps: in-depth modules are carried out only where the findings give reason to and after discussion with you. The total changes accordingly — if, for example, the autism module is not needed, it falls; if a module is added, it rises.

Appointment / service	GOÄ code	Amount
Biographical and developmental history (separate 50-minute slot, specialist consultation)	2× No. 812 analogous + A801	167.58 €

Appointment / service	GOÄ code	Amount
Collateral history (relative or close person), separate appointment — recommended by the guidelines in ADHD and autism	No. 806 + 801	67.04 €
Additional or extended structured interview, separate appointment, incl. findings — beyond the diagnosis-specific standard interview included in the package	No. 855 analogous (2.3) + 801	130.31 €
Module autism in depth: empathising and systemising, sensory experience, emotion recognition	No. 855 analogous (1.8)	75.75 €
Module anxiety complex: interaction anxiety and performance anxiety	No. 855 analogous (1.8)	75.75 €
Module personality: personality traits, experience of strain, relationship patterns	No. 855 analogous (1.8)	75.75 €
Module structure: self and relationship functioning, mentalizing	No. 855 analogous (1.8)	75.75 €
Module body axis: body awareness, dealing with feelings and sensory experience, including a repeat assessment of physical complaints in order to judge whether the burden persists	No. 855 analogous (1.8)	75.75 €
Module trauma: detailed trauma history in a structured interview, with the distressing life experiences placed in time, two standardised questionnaires on symptom burden, and psychiatric findings	No. 855 analogous (2.3) + 857 + 801	142.48 €
Structured interview for personality disorders, incl. findings	No. 855 analogous (2.3) + 801	130.31 €
Course measurement (repeat test battery during treatment)	No. 855 analogous (1.8)	75.75 €

Only services actually provided are invoiced; modules that are not needed fall away. You receive an itemised cost estimate before we begin.

Reimbursement

As a privately insured person, or as a person entitled to *Beihilfe* (civil-servant assistance), you submit the invoice to your insurer or *Beihilfe* office. Please clarify reimbursement in advance with your insurer — in particular of the analogous fee codes (§ 6(2) GOÄ); depending on your tariff the costs may not be covered in full. As the recipient of the invoice you are responsible for payment on time.

Cancellations

Please cancel agreed appointments at least 24 hours in advance. For a later cancellation (whatever the reason) a fee of 60.00 € is charged, which is not covered by insurance.

If you have questions, you are welcome to call or write. I look forward to meeting you.

Yours sincerely

Dr. med. Stephan-Sebastian Scherer
Consultant Psychiatrist and Psychotherapist

This information is for orientation and is not a contract. Only services actually provided are invoiced. Invoicing follows the GOÄ; the fee agreement and the services actually provided are what count. English translation of the German fee information — in case of doubt the German version applies.